

Are you struggling to conceive a child?

Infertility issues can cause feelings of guilt, shame, depression and inadequacy. How do you cope with the inherent stressors of infertility and new parenthood?

In this free workshop, Dr. Susan Orenstein, a licensed psychologist and the founder of Orenstein Solutions, will help you:

- Optimize self-care so you can cope
- Strengthen your support system
- Navigate the rollercoaster of reproductive challenges

WORKSHOP DETAILS

When: Wednesday, May 27th

Time: 6:30 pm – 8:00 pm

Where: NCCRM Fertility Clinic

400 Ashville Avenue

Cary, NC 27518

Cost: FREE

RSVP: 919-428-2766 ext. 0

info@orensteinsolutions.com
*We encourage you to bring a support partner
(significant other, friend, family member)



